

## **A GREAT WEEK AT MC2**

*by Jim Fisher*

About twelve years ago after reading about near death experience research, I began studying the breadth of reality and considering the bigger picture of who we are and why we are here. It has become apparent to me that we have abilities to perceive a broader reality, to influence our physical world around us and to transcend waking reality in ways appreciated by only a small percentage of us. For even a left brain oriented accountant such as me there are avenues available to have first person experiences that can bring a profound sense of wonder and joy.

Several years ago I attended the *Gateway Voyage* program where I worked on my perception of reality. Two years ago I participated in the *Lifeline* program which focused on the transcendence of reality. This January I attended the *MC2* program at TMI seeking more experience in the area of influencing reality.

We arrived on Saturday afternoon, and it became readily apparent that this diverse group of individuals, through our shared experiences, would develop close bonds in the coming week. We undertook a variety of “projects”: accelerating the germination of seeds, conducting healing circles, lighting circular fluorescent lights, influencing the role of dice and, of course, bending spoons and forks. Success in each of these endeavors varied from individual to individual. The people with the least success bending flatware had the most success influencing the role of dice. In one way or another every one of us had at least one accomplishment to show he or she had some inner, untapped ability.

My first spoon bending effort was not successful. I had chosen a relatively lightweight spoon but wasn't able to bend it in my initial attempts using the two techniques we had been taught. The first technique was more like an energetic command than the spoon bend. The second was characterized as a coaxing process. After failing with the second method I returned to the energetic option and was able to bend the spoon in half at the neck. The next day I focused on a more formidably weighted fork that would not show any sign of flexibility. Using the energetic method I was able to get it to bend in a 90 degree angle – modest results relative to others but convincing all the same.

In a completely darkened room we gathered to light our fluorescent lights using our individual personal energy. After a few minutes of effort with no results, one participant's light flickered slightly followed by another and another. Within about ten minutes everyone seemed to have

some level of success lighting his or her light. It was a fun, playful energy that seemed to fill the room as we marveled at our new found capacity.

My other success was related to the germination of seeds. I had had some interesting experiences with nature through holotropic breathwork and during a two-week healing retreat in the Amazon jungle. By repeatedly offering love energy from my heart I had success germinating and growing my group of seeds over a three-day period.

One of the most moving experiences arose during an exercise to release negative male and female components of our nature and focus on absorbing the most positive components. We split into same- sex groups for the first part of this exercise, and then rejoined one another to form two concentric healing circles. Without going into the details I will simply state that there weren't many dry eyes in the room. I still feel the emotion as I write these words.

Many thanks to TMI for providing this profound environment for exploration! Our three trainers complemented one another beautifully.

